

POLICIES AND PROCEDURES

The following are considered minimum guidelines and the league will consider further discipline if recommendations are forwarded to the Disciplinary Committee.

All Hockey Canada rules as outlined in the current rule book will apply if not stated otherwise.

1. BODY CHECKING:

Rubbing out a player along the boards is permitted as long as the puck is being played. A deliberate open ice hit or a hit along the boards, regardless of whether or not the puck is being played, shall result in a Minor Penalty being assessed.

2. FIGHTING:

A Major Penalty plus a Game Misconduct Penalty shall be assessed to any player who fights (see rule 59(a)). In addition, players who fight will receive the following suspensions:

First Incident Three (3) games;

Second Incident Five (5) games;

Third Incident Ten (10) games;

Fourth Incident Ejected from the league for the remainder of the season or fifteen (15) games, whichever is greater.

3. THIRD (3rd) MINOR STICKING PENALTY IN ONE GAME TO THE SAME PLAYER:

The player is ejected from the remainder of the game, Note - A Double Minor counts as one penalty in this ruling. Includes, slashing, high sticking, spearing etc.

4. MAJOR PENALTY:

Any player who receives a Major Penalty (other than fighting) will also receive the following:

First Incident no suspension, unless infraction occurs in the last 10 minutes of the game (see rule # 5);

Second Incident Two (2) games;

Third Incident Seven (7) games and will be reviewed by the Disciplinary Committee to determine if further suspension is required.

5. GAME MISCONDUCT:

Any player assessed a Game Misconduct Penalty during the last ten (10) minutes of a game will be suspended for the following game.

6. GROSS MISCONDUCT PENALTY:

Any player who assessed a Gross Misconduct Penalty will be suspended as follows:

First Incident Four (4) games;

Second incident Seven (7) games;

Third Incident Reviewed by the Disciplinary Committee

7. MATCH PENALTY:

First Incident Seven (7) games minimum and Reviewed by the Disciplinary Committee;

Second Incident Suspended as levied by the Discipline Committee

8. STOP TIME:

The last three minutes of all games will be stop time if:

Goal differential of two (2) or less;

Providing there are timekeepers available

No person can act as a player and an official in the same game.

9. PLAYING WHILE UNDER SUSPENSION:

Any player that knowingly plays while under suspension shall receive the following:

He/she shall serve the remainder of the original suspension;

An additional seven (7) game suspension for the first incident;

Any other incidents will go to the Disciplinary Committee for their recommendations;

If a team plays with a player while under suspension they forfeit the game.

10. CROSS-CHECKING:

A Minor or Major Penalty, at the referees discretion, shall be assessed to any player who cross-checks and opponent;

A Major penalty shall be assessed to any player who cross-checks a goaltender while he is in the crease.

11. GAME SHEETS:

A lot of suspension and appeals will be avoided if the team rep, captain, or coach looks at and signs the game sheet after completion of the game. This will be a requirement, if game sheets are not signed, all previous policies are applicable. The following rules also apply:

Any member of the Association who is asked to leave the game as an off-ice official (timekeeper) will have their timekeeping efforts stricken and the team will be fined.

Members who do not sign the sheet will not be credited with timekeeping and the team will be fined.

12. DRESSING ROOMS:

The Policy of City of Yellowknife with regard to alcohol and drugs and smoking in the dressing room will be adhered to. All teams are expected to police themselves in order to comply with City regulations. These rules are posted in each dressing room. All dressing room rules apply to the entire facility.

There will be a sign-in and sign-out sheet for the dressing rooms. Both a Maintainer and a member of the team using the change room have to sign in and out in order for the team to get the key to the room

As of 2011, the Rec League will have 45 minutes in the dressing rooms (up from 30 minutes) with a warning call at 35 minutes from the time they are off the ice. Tournament dressing room time remains at 30 minutes.

When asked to leave the dressing room by rink attendants, please do so or your team may be subject to a fine as set by the Executive as outlined in these by laws.

Any trash, cans etc left behind by the team will be the responsibility of that team and may require disciplinary action as set out by the rules of the facility and the appropriate fine as set out in these by laws.

Each team is responsible for the action of its members. The entire League's time will be suspended or cancelled should the City's regulations be disregarded.

At the discretion of the City any teams disregarding these regulations will be expelled from the League with no refund of registration fees. Each Offence as reported by the City will be fined as the following:

1st Offense \$250.00 Fine

2nd Offence \$500.00 Fine and removal from the schedule for 1 month

3rd Offence Removal from the League and Disciplinary hearing to determine eligibility into the league the following season(s).

.13. EQUIPMENT BAGS:

Players will keep equipment bags clear of the curbs and walkways upstairs and down while not in the dressing rooms.

14. Membership Participation

Each team will be required to provide either a representative on the League Executive or an on ice official within the league on an annual basis.

As an on ice official you will be required to adhere to the following

- Become certified with Hockey Canada as an official (Clinics to be advertised).
- Ref a minimum of 2 Yellowknife Adult Recreational hockey league games monthly throughout the course of the season.
- Official's uniforms will be reimbursed by the league for one uniform only per new official. Reimbursement will be provided once the required 5 games is met and the 2 games monthly.
- All Leagues on ice officials will be paid directly.

All other league By-Laws will apply to membership for teams and individuals.

15. ABUSE OF OFFICIAL MISCONDUCT ACCUMULATION:

Any player who is assessed a Game Minute Misconduct Penalty for abuse of an official will be suspended as follows:

First Incident Remainder of the game and the next two (2) games;

Second Incident Remainder of the game and the next five (5) games;

Third Incident Remainder of the game and the next seven (7) games or the season, whichever is longer.

Any Player receiving a Third Abuse of the Official Misconduct within the same season will be under review for the period of the entire following season. Any further Abuse of the Official Misconduct during any form of league play will result in an automatic 1 year suspension.

(An incident is deemed to only occur in one game in one call. A player cannot be assessed more than one abuse of the official in more than one incident for the purpose of this rule)

16. REGISTRATION:

a) Season Registration - All teams must submit their rosters for registration at the date set by the Executive at the September Meeting (note: name, address, phone number, birth date and health care number must be included for every player). Failure to submit by this deadline will result in a fine of \$100.00. Failure to submit roster by that teams five game mark will result in removal from the schedule. The Executive will issue the current roster in the requested format at the AGM to each team to assist them for the upcoming season.

Players may be added as required until January 31st of each year. Absolutely no additions will be accepted after that date.

b) Unregistered Players – All players must be registered prior to playing. Any team found to be utilizing an unregistered player will be fined \$150.

c) Transferring to Another Team – A player can only be registered to play for one team. If a player would like to transfer to another team, the player must notify the Registrar

The deadline for transferring to another team is November 15 of the current season. A player can change teams once per season. Exceptions for special circumstances may be considered. A request for an exception will be reviewed by the Executive and must be submitted in writing.

d) Playing for More Than One Team – A player found to be playing for more than one team will be suspended immediately. To be eligible for reinstatement, the player must notify the Registrar which team the player intends to be registered under. After this notification, a player may resume playing after serving a further 2 game suspension.

Goalies are excluded from 16(d).

17. TRACKING AND POSTING OF SUSPENSIONS:

All penalties for unsportsmanlike conduct, major penalties, ten minute misconducts, and game misconducts will be forwarded to the Discipline Head the morning after the game in question by the official preferably through the Arbiter system. Teams will be notified immediately if further action (ie: suspension or a hearing) is required.

All suspensions will be posted on the web-site for all to see and will be clearly defined.

18. LEAGUE BY-LAWS AND CONSTITUTION:

The Executive will provide a copy of the League Constitution and By-Laws at the start of each season to the team reps with any changes made during the August/September AGM.

19. DISCIPLINARY COMMITTEE:

Each team will submit two names (can be the Team reps) to sit on the disciplinary Committee. In the event a Disciplinary Hearing is required, the Disciplinary Head or President in his absence will contact members on the list and set up meetings as required.

The following Yellowknife Rec Hockey League Disciplinary Procedure Updated September 2011 located on the league website and as Attachment A of these Policies and Procedures.

20. DISCIPLINE APPEAL:

The suspended player and or team shall be notified that they have the right to appeal the decision to Hockey NWT.

Any appeals of Disciplinary decisions will be dealt with by Hockey NWT Executive. All such appeals must be in writing and submitted within 7 calendar days of Disciplinary decision.

21. FIRST AIR TOURNAMENT:

The Tournament Committee will consist of at least one member of the League Executive. The budget for the Annual First Air Tournament will be drafted on a break-even basis. The Tournament will be held during the Easter weekend of the season. A draft format will be available by the October League Meeting with invitations being sent out by October 15 of the current season. All League Rules will apply unless otherwise specified.

Local Yellowknife Rec Hockey League teams will be allowed to add a maximum of three additional players to their roster for the purpose of competitiveness, fairness and overall enjoyment. Local teams have to provide the additional 3 players no later than 2 weeks prior to the start of the tournament. All additional players will be required to be properly registered and any additional fees will apply.

22. ALCOHOL And DRUGS And SMOKING:

Policy of City of Yellowknife with regard to alcohol and drugs and smoking in the dressing room will be adhered to. All teams are expected to police themselves in order to comply with City regulations.

All alcohol Drugs and Smoking is totally prohibited from City of Yellowknife Arenas with the exception of a liquor license in regards to alcohol in designated areas. The City has advised that failure to comply with their regulations will result in suspension of League play. Furthermore, City staffs have been instructed to call the RCMP immediately if any indications of drugs become apparent. RCMP will perform regular walk-throughs of the arena facilities and parking lots as part of their regular patrols. The City has also given permission to inspect and check any area of the arena they wish during these walk through's.

Each team is responsible for the action of its members. The entire League's time will be suspended or cancelled should the City's regulations be disregarded.

At the discretion of the City any teams disregarding these regulations will be expelled from the League with no refund of registration fees. Each Offence as reported by the City will be fined as the following:

1st Offense \$250.00 Fine

2nd Offence \$500.00 Fine and removal from the schedule for 1 month

3rd Offence Removal from the League and Disciplinary hearing to determine eligibility into the league the following season(s).

23. Yellowknife Adult Rec Hockey League Privacy on the Internet

The Yellowknife Adult Rec Hockey League has provided a web site for the use of the general public and is committed to respecting the privacy rights of web site visitors. However by using our web site, we consider that use consent to collect, use and disclose personal information for stated purposes on the web site. Web site users should refer to the exact terms of the Web Privacy Policy posted on our site.

24. FINES:

Where fines are not defined within this document, they are to be set out by the League Executive. Fines will be set and distributed at the September meeting for the upcoming year.

SCHEDULE I

Penalty Fee For The YK Rec Hockey League

Missing a Rec League Meeting \$50.00

Missing the Annual General Meeting \$100.00

Missing a Timekeeping Assignment \$50.00 / game

Missing a Playoff Timekeeping Assignment \$100.00 / game

Team Defaulting a Game within 1 week of scheduled game:

\$300.00 (1st Offence)

\$500.00 (2nd Offence)

League Suspension and Review (3rd Offence)

Dressing Room Offense

1st Offense \$250.00

2nd Offense \$500.00 and removal from schedule for 1 month non refundable of any league fees

3rd Offense Removal from the existing league including tournament and the following season. (All players registered will be unable to play the following season)

Attachment A - Yellowknife Rec Hockey League Disciplinary Procedure Updated September 2011

League Disciplinary Head is notified by official with referee report.

Any 3rd incident of a Gross misconduct or a 3rd incident of a Major Penalty or any Match Penalty assessed will require an automatic disciplinary hearing.

All Gross Misconducts and Match penalties will be reviewed by a committee of senior officials before it is forwarded the league disciplinary head and or league President.

The disciplinary committee has the right to make recommendations to the league disciplinary head and league President of additional games but cannot reduce the suspension.

Disciplinary committee will consist of three league members listed as team representatives from the disciplinary committee pool preferably not in the same division or team as the player(s) involved. Committee members will be confidential and will not have any role in gathering of information or informing any team or player of any recommendation or decision made throughout the process.

Each team rep will be notified of the suspension. At this time a copy of the leagues process (this document) will be attached. A team report summarizing their team and players account of the incident will be requested but is not mandatory. This can include but is not limited to witness accounts.

Each team will have 48 hours to provide their summary of the incident.

A copy of all applicable documents received from each team and the referee report will be forwarded to the disciplinary committee. The disciplinary committee will have approximately 72 hours to provide a recommendation to the league disciplinary head.

The league disciplinary committee will be required to base its decision on the following three documents if provided.

- Official game report/referee report
- Team report from the home team
- Team report from visiting team
- If applicable a statement or report from any other penalized official, player or coach involved

Any and all decision can be accepted, declined or modified by the league Executive at their discretion.

Each team will be notified by the league in writing within 24 hours of the decision by email and 48 hours by letter. President of Hockey NWT will be included.

Any appeal of any decision would need to be submitted to the league in writing 24 hours after receiving notification as well as Hockey NWT. All appeals will then be forwarded to Hockey NWT and handled by Hockey NWT.